

## how they HELPED ME

"Talbot House are great and I am reassured to know they are there for advice and friendly support."  
- (Parent carer)

contact us **TODAY!**



How we've made a **DIFFERENCE**

## there's more TO LIFE

"Talbot House showed me there is more to life than being lost, isolated and that I am not alone"  
- (Parent carer)

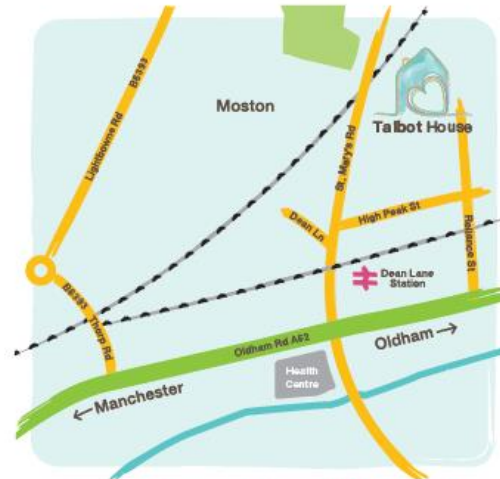
see more services **OVERLEAF**



0161 203 4095  
www.talbot-house.org.uk

## HOW TO FIND US

Metrolink: Talbot House is a short walk from Newton Heath Health Centre and the Newton Heath and Moston tram stop. Just turn right upon exiting the tram stop and we are located around 50 yards away on the corner, opposite The Railway pub.





Talbot House, 1 High Peak Street,  
Newton Heath, Manchester, M40 3AT

## GET IN TOUCH

And see the difference we could make to your life

Talbot House offers a range of support services. If you would like to know more we would love to hear from you....

0161 203 4095  
admin@talbot-house.org.uk  
www.talbot-house.org.uk

  follow **US** on Facebook & Twitter



Talbot House is a Registered Charity: Registered Charity no: 1132741



## Talbot House

Supporting families of people  
with learning disabilities



Open Monday - Friday (10am - 3pm)

**0161 203 4095**

## our MISSION

Talbot House exists to improve the quality of life for parent carers of people with learning disabilities. Our parents **receive respite and support** in a safe environment where they can laugh, cry, identify with and support each other through the **sharing of personal experiences with honesty and acceptance.**

## who do we SUPPORT

For **over 45 years Talbot House** has supported parent/carers of people who have learning disabilities who live in the **Manchester area.** We offer advice and services to these carers in a **welcoming and friendly environment,** the kettle is always on.

## services WE OFFER

'We're a one stop shop'



**Emotional Support** - most of the support comes from like minded parent/carers who understand what you're going through and backed up by our team of trained support workers.

**Home Visits for Older Carers** - we conduct home visits for those carers who are less mobile and unable to visit us at the centre.

**Carers Breaks and Lunches** - summer days out, weekends away and carers lunches, we offer a range of opportunities to meet and socialise with other parent carers.

...and 'the cream on the top'  
**Pampering** - we offer a range of treatments including a Nail Service, Beauty and Massage. All of which are provided by trained professionals.



**Form Filling, Advocacy & Advice** - we'll help you with the official fiddly bits from completing paperwork through to guidance with benefits, assessments, appeals, tribunals and housing matters.



**1 Page Profiles and Person Centred Planning** - we can help develop a full profile of your loved one and create a future plan.

**Talbot House Blog** - read all the latest news and find help and advice on our blog. Alternatively visit our website to send us a message.

...and much more.  
Call in for a brew and see what we do!

