

About us

Hi, I'm Bernie the Talbot House General Manager.

I myself came to Talbot House back in 1978 desperately in need of help with caring for my son Geoffrey. Now I proudly run the same service that helped me to help others. I understand that as us carers get older the worry and fear for the future wellbeing and care for our loved ones is of paramount importance. So we started the THRIVE project back in 2015 with the aim to address these important issues and to "watch our loved ones Thrive while we're alive".



Hi, I'm Fran the THRIVE Project Manager.

I understand that making the first move in looking for help can be the hardest step. I'm here to listen and help you with whatever is troubling you and your cared for. So please get in touch. My contact details are below



Call: 0161 203 4095

Email: fran.crake@talbot-house.org.uk

HOW TO FIND US

Talbot House is a short walk from 'Newton Heath Health Centre' and the 'Newton Heath and Moston' tram stop. Just turn right upon exiting the tram stop and we are located around 50 yards away on the corner, opposite 'The Railway' pub.



Talbot House, 1 High Peak Street,
Newton Heath, Manchester, M40 3AT



Talbot House Support Centre building

0161 203 4095

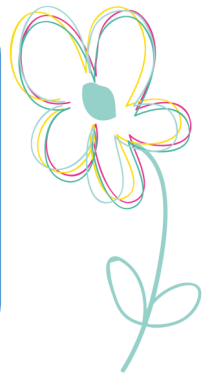


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THRIVE!

Support for Carers of Adult Children with Learning Disabilities



Monday–Friday 9:30am to 3pm

0161 203 4095



COMMUNITY
FUND



Support Requirements



- Live in Greater Manchester.
- Care for an adult with a learning disability .
- Can communicate in English.

(we have limited translation services available to us)

Conditions/Learning Disabilities we support

- Autism Spectrum Disorder.
- Down Syndrome.
- Global Development Delay.
- Complex needs (learning related).
- Syndromes/conditions relating to learning capability.

Conditions we don't support

- Physical disabilities.
- Mental health conditions i.e. depression, anxiety, OCD etc.
- Learning difficulties i.e. dyslexia, ADHD etc.
- Work not relating to the learning disabled person.

GET IN TOUCH

And see the difference we could make to your life

0161 203 4095

Carers with Young Adult Children (19-30 years old)

When children with learning disabilities leave the education system, many lose access to statutory support. Based on our experience and feedback from parent carers, this transition is often the most difficult phase, with many parents deeply concerned about their child's future.

We believe there's a clear need for specialised support to help both young people and their families adjust to adulthood and, where possible, build independence and a meaningful role in society—benefiting their wellbeing and the wider community.



We aim to help these parent carers with:

- Transitioning from child to adult benefits.
- Getting the financial support you're entitled to.
- Further education applications/placements.
- Finding jobs/work placements.
- Independent Living.

Older Carers with Adult Children (30 years old+)

The Thrive project began in 2015 to support older parent carers in planning for the future care of their learning-disabled children, with the tagline "Watch them THRIVE whilst I'm alive." It was inspired by the lived experiences of our community, including staff and manager Bernie Wood, who continues to care for her son with Down syndrome, now in his late 40s.



Our work with our older parent carers include:

- Care transition planning/continuity.
- Help with benefits and financial planning.
- Care duties and support.
- Bereavement support for the family.
- Welfare phone calls and emotional support.
- Social events for older parent carers.